

The consent conversation (person requiring care)

The consent conversation should be an ongoing conversation.

1. Gain an understanding of what kinds of information the person is comfortable sharing with others
2. Factor in time to discuss consent and answer questions
3. Share information clearly, without jargon, in a way that a non-medical person can readily understand
4. Explain to consumers why giving consent can be helpful for them

Conversation starters

"I noticed you have quite a lot of contact with (carer). They seem to care about you a lot. Would it be okay if I gave them an update on how you are going? We could all meet together so you can know everything that is being talked about."

"We've talked a lot about your health and what's next today, I'm wondering if you would like me to give (carer) an update. We could ring them now while you are here, or perhaps I could write down a few points for you to share with them."

"Are there parts of what we discussed today that you would like me to share with (carer)?"

"Let's quickly check your consent documents and see if there are any changes that you would like to make?"

"Do you have any concerns about me sharing what we discussed today with (your carer)?"

"What's the best way for us to get this information to (your carer), so they know what to change in the way they are supporting you?"