

Questions to ask carers

Questions to explore the caring role:

- What sort of things do you do for the person you support?
- Do you feel able to continue to provide these supports?
- What concerns, if any, do you have about the person you support when they are on their own?
- How has your caring role affected your life, for example, work, finances, housing, emotions and relationships?

Ask open ended questions that help to identify the carer's role

Questions to explore what the carer knows about the health and wellbeing of the person they care for

- What has the person you support told you about their condition/illness, treatment, medication?
- Do you have any questions about their condition/illnesses, treatment, medication etc?
- What would lead you to feel more informed to provide care for the person?